



2012 SwimOutlet.com U.S. National Synchronized Swimming Championships

April 10 – April 14
Kino Aquatic Center - Mesa, AZ

OFFICIAL MEET ANNOUNCEMENT

DATES

April 10 - 14, 2012 (Practice Date: April 10)

MEET MANAGER (S)

Ron Wills
Arizona Aqua Stars
AZ Synchronized Swimming Assoc.
602-799-7165
hawkeyewills@cox.net

Sandy Kuchan
Arizona Aqua Stars
AZ Synchronized Swimming Assoc.
602-527-3077
thekuchans@msn.com

Becky Thompson
Arizona Desert Dolphins
AZ Synchronized Swimming Assoc.
480-313-4350
usnationals2012@gmail.com

FACILITY

Kino Aquatic Center
848 N. Horne
Mesa, AZ 85203
480-644-2376

POOL SPECS Outdoor Pool

Length: 50 meters with bulkhead placed at 30 meters
Depth: 13 feet sloping to 7 ft 8 in. at bulkhead
Entry: South end with spectators on West side
Width: 25 yards
Deck to Water: Even (0")

The North side of bulkhead will be available for quiet warm up and cool down. Obstructions at entry side of pool include diving board stands. Please see aerial view of pool at www.visitmesa.com/synchronationals. Spectator seating will be on the west side of the pool. Team areas and swimmer viewing will be on the north and east side of the pool.

RULES TO GOVERN

The 2012 Official USA Synchro Rulebook shall govern the Championships under FINA Rules with the exceptions listed.

ENTRIES

Appendix A FORM B

Register online at www.usasynchro.org - Entries, Fees, Credentials, Officials
Transportation and Housing Information

To be qualified to enter U.S. Nationals, athlete's names and events must appear on the official U.S. National eligibility list prepared by Betty Hazle.

To be qualified to enter U.S. Juniors, athletes must have obtained qualifying scores as listed in Appendix T. Foreign Federations may enter the U.S. Junior and U.S. National Championships following the information posted in the invitation at

http://www.usasynchro.org/Assets/USSyncSwim+Digital+Assets/assets/documents/2012_Foreign+Invite.pdf

Contact International Relations Committee Chair - Betty Hazle at bettyhazle@yahoo.com for additional information. Shuttles and car rentals may be located through listings at Sky Harbor International Airport (PHX). The host hotel is approximately 4 miles from the pool, breakfast is offered, and a variety of restaurants are very close by. Contact Josh Todd with Convention and Visitors Bureau for assistance with transportation.

ENTRY DEADLINE Entries, Forms and Fees must be submitted electronically and postmarked no later than **Tuesday, March 20, 2012 at 11:59 pm EST**
Late Fees: Per Rule CP 5.6.1, any entry to a National championship received between **21 and 7 days prior** to the first day of the competition shall pay late fees. Sponsor and Event Entry fees are **triple** the fees listed below, unless a technology failure can be proven to account for a late entry. If a qualifying event is held after the entry deadline for this competition, a **provisional entry** must be submitted according to the above deadline. Within 72 hours of the completion of the qualifying competition, the proof of qualification must be submitted by phone and in writing to the Meet Manager.

ELIGIBILITY Each competitor may compete in no more than 3 different routine events in the Junior
NUMBER OF EVENTS competition and 3 different routine events in the Senior competition. The Combination Event does not count as one of the 3 routine events.

All qualifying rules must be met for whatever event is being entered.

QUESTIONS ON ELECTRONICS ENTRIES TO

Jennifer Hawkins, USA Synchro
Phone: (317) 237-5700; Fax: (317) 237-5705
jennifer@usasynchro.org

MAIL FORMS TO Ron Wills
3343 E. Dover Circle
Mesa, AZ. 85213

SCORING "New" multi-scoring will be used.
Send questions regarding entries to the meet scoring chair:
Jackie McDaniel
(619) 464-7379 (home)
(619) 251-5282 (cell)
jackiemcd43@hotmail.com

REGISTRATION Tues. April 10 3:00 - 9:00 pm At information/ front desk.
Registration will also be available on all days at the Kino Aquatic Center at the information/ front desk during all posted hours of practice or competition.

ATHLETES MEETING Weds. April 11 7:00 - 7:30 pm At the pool

OFFICIALS and COACHES MEETING Weds. April 11 7:10 - 8:10 am In hospitality room
(Meeting times subject to change based on final meet schedule)

RECEPTION Reception for Officials/ Coaches/ Sponsors will be held Wednesday, April 11, 2012 7:00 p.m. to 9:00 p.m. at Ron Wills' residence, approximately 4 miles from the Kino Aquatic Center. Maps will be provided at the meet.

PRACTICE On Tuesday April 10, 2012, rental of pool time will be offered for \$175 per hour. The pool will be available from 9 am to 5 pm. Teams can contact Ron Wills (meet manager) regarding reserving the pool.

FEE INFORMATION
• Entry Fee \$25 per competitor per routine, including alternates. Submit fees online or via check made payable to **USA Synchro**. Any swimmer who is listed as an alternate for a routine and who is not swimming any other routine event shall pay the entry fee. (Rulebook, Appendix C). Foreign Federations do not need to pay the entry fee.

FEE INFORMATION (Continued)

- **Sponsor Fee** \$25 per competitor. Submit fees online or via check made payable to **USA Synchro**.
- **Credentials** Each club will receive 2 coach credentials for every 10 credentialed athletes and 1 team personnel credential per 10 athletes. Additional credentials are \$25 each. Submit fees online or via check made payable to **USA Synchro**.
- **Tickets** Tickets may be purchased at the information/ front desk. Tickets for Wednesday and Thursday are \$5. Tickets for Friday and Saturday are \$10. An all-session pass may be purchased for \$25.
- **Parking** Parking will be complimentary in designated areas only.
- **Canopies** Canopies will be available for rent. The cost will be \$100 for the meet. The canopies will be assigned and set up by staff in the northeast grass area of the facility. Please contact Ron Wills to reserve your canopy.

COMBO EVENT

The Free Combination Event (Combo) may include swimmers from both Junior and Senior categories, as well as include 13-14 year old swimmers. There is no qualifying score for entering the Combo event. Teams that have both Junior and Senior swimmers should designate to scoring if they wish for Combo points to count toward Senior High Points or Junior High Points. The combination event shall be conducted as a 100% routine event. The top 8 combination routines from the preliminary competition shall qualify for the final competition. If there are fewer than 13 Combo entries, preliminaries may be waived and the competition conducted as **Finals** only.

COMBO AWARDS

Athletes who place 1-3 in the Combo final competition shall be awarded medals; places 4 – 8 shall be awarded ribbons.

Free Combo **DOES** count toward the High Point (individual and team) and All-American awards. If a Combo has both Junior and Senior competitors, **the team must designate the routine to count toward Senior or Junior team high points.**

Foreign Competitors shall receive honorary placements, and if finishing in the top 8, shall swim in Finals and receive honorary awards. Foreign competitors shall not be eligible to be pre-swimmer(s). No medals for alternates (reserves).

The first place winner in the Final Combo event shall be declared the Combo U.S. National Champion.

CP 6.3.3 For the U.S. Junior Championship, competitors will receive points from the Free Combination event toward the High Point team awards. To qualify for Team points, a Free Combination routine must have at least 1 competitor participating in other U.S. Junior Championship events.

CP 6.2.2 For the U.S. National Championship, competitors will receive points from the Free Combination event toward the High Point (individual or team) or All-American awards. To qualify for Team points, a Free Combination routine must have at least 1 competitor participating in other U.S. National Championship events. To qualify for Individual points, a competitor must participate in at least 1 other U.S. National Championship event.

SENIOR EVENTS

Preliminary Free, Technical and Final Free routine competition in Solo, Duet and Team. Preliminary Solos, Duets and Teams may participate in both the Technical and Preliminary Free routine competition or participate in Preliminary Free routine

SENIOR AWARDS

competition only. The 8 highest scoring entries (combined Technical and Preliminary Free routine scores) shall qualify for the Final Free routine competition.

Athletes who compete in the Preliminary Free routine competition shall be awarded ribbons to places 1-8 in each event and the first place winner shall be declared the Solo, Duet or Team Free Routine Champion. Athletes who compete in the Preliminary Free routine competition only will not receive points toward the High Point (individual or team) or All-American awards.

Athletes who place 1-3 in the combined Technical and Final Free routine shall be awarded medals in each event; places 4 – 8 shall be awarded ribbons in each event.

The first place winner in the combined Technical and Final Free routine competition shall be declared the Solo, Duet or Team U.S. National Champion.

Foreign Competitors shall receive honorary placements, and if finishing in the top 8, shall swim in Finals and receive honorary awards. Foreign competitors shall not be eligible to be pre-swimmer(s). No medals for alternates (reserves).

JUNIOR EVENTS

Figures

JUNIOR COMPULSORY

| | | DD |
|------|-----------------------------|-----|
| 313 | Kip Split Closing 180° | 2.5 |
| 112f | Ibis Continuous Spin (720°) | 2.8 |

The remaining two figures will be drawn from the Junior Selection Groups on **Monday, April 9, 2012 at 10:00am EST** by the USA Synchro VP-Competitive Operations or his meet Technical Chair designate and posted to the USA Synchro website by **10:15am CST**. An email will be sent to all technical members of USA Synchro at the same time.

All athletes shall compete in figures.

Routines

Preliminary and Final Free routine competition in Solo, Duet, Team. The 8 highest scoring entries (combined figures and Free routine scores) from the Preliminary solo, duet and team events shall qualify for the Final Free routine competition.

| | | |
|-------------------|-------|--------|
| Qualifying Score: | Solo: | 73.000 |
| | Duet: | 73.000 |
| | Team: | 72.000 |

JUNIOR AWARDS

Athletes who place 1 - 3 in FINALS for solo, duet and team routines shall be awarded medals in each event; places 4 – 8 shall be awarded ribbons in each event. Athletes who place 1 - 3 in FIGURES shall be awarded medals; places 4 – 8 shall be awarded ribbons.

Foreign Competitors shall receive honorary placements, and if finishing in the top 8, shall swim in Finals and receive honorary awards. Foreign competitors shall not be eligible to be pre-swimmer(s). No medals for alternates (reserves).

OFFICIALS

Please register on line by the entry deadline. In addition, please email Judges Administrator Linda Loehndorf with your intent to attend. loehndorf@charter.net Those wishing to take the National judges test should notify Linda. Please refer to meet schedule for testing time on Tuesday April 11th. Judges uniform shall be white top and black bottoms.

COLLEGIATE SYNCHRO SEMINAR

A seminar over viewing collegiate Synchro opportunities will be offered at times noted on the final schedule. All parents, athletes and coaches are invited. The same content will be repeated to enable attendance at times you do not have a conflict.

AIRPORT

Sky Harbor International Airport (PHX)

Airport is approximately 14 miles to venue and 13 miles to host hotel.

To help our members, we have an agreement with United Airlines. To receive a discount off the lowest available fare, book your travel **online** through www.continental.com. In the Offer Code box, when searching for flights, enter USA Synchronized Swimming Code - **ZMGV493370**

DIRECTIONS TO THE KINO AQUATIC CENTER

From Sky Harbor International Airport (PHX):

Leaving rental car lots, travel north on E. Sky Harbor Cir S. toward E. Buckeye Rd. Turn right on E. Buckeye Rd. In .8 mile make a left toward All Terminals. Stay straight to go onto E. Sky Harbor Blvd. Proceed past Terminals 3 and 4. Merge onto AZ Loop 202 toward Tempe/Mesa. Travel 7.2 miles and take the McKellips Rd. exit, Exit 12. Turn right onto McKellips Rd. Travel 2 miles, then turn right onto N. Horne. Kino Aquatic Center is on the right approximately 1.4 miles south of McKellips Rd.

From Hilton Phoenix East/ Mesa:

Start out going northeast on W. Holmes Ave. toward S. Westwood. W. Holmes becomes S. Westwood. Turn right onto W. Southern Ave. Travel 1.7 miles, then turn left onto S. Mesa Dr. Travel 2 miles and turn right onto E. University Drive. Travel .5 miles and turn left onto N. Horne. Kino Aquatic Center is on the left approximately .8 mile north of University Dr.

GROUND TRANSPORTATION

All major rental car companies can be found at Sky Harbor International Airport (PHX) listed.

HOTEL

Teams are encouraged to book with the host hotel for this event. Your support in booking with this hotel is appreciated and helps to support the event.

The host hotel for the 2012 U.S. Junior and U.S. National Synchronized Swimming Championships is

Hilton Phoenix East/ Mesa (3.79 miles from pool)

1011 W. Holmes Avenue

Mesa, AZ 85210

480-833-5555

Rate: \$109 per night and includes breakfast for up to 4 people in room

Reservations must be made by March 10, 2012 for discounted rates, please ask for US Synchro discounted rates when making room reservations

ATTRACTIONS Golf, Dinner Theater, Museums, etc. For more information:

www.visitmesa.com/synchronationals

VENUE RULES

- Look for posted signs for directions to registration area, official's and coaches hospitality room, scoring room, etc.
- Swimmers and spectators shall obey lifeguards at all times.
- No balloons, noisemakers, or other irritants are permitted in the facility.
- No cooking allowed in the venue.
- Glass containers of any kind are not allowed on the grounds of the facility.
- Teams will be permitted to bring coolers into the facility. Coolers shall be kept in the team areas on the north and east side of the pool and shall not be allowed in the general spectator area.
- Entry and exit from the bulkhead, and walking across the bulkhead is not permitted.
- There will be a designated gelling area at the pool. Please gel only in this area.

- De-gelling is not allowed anywhere on the facility grounds. If anyone is found to de-gelling on the grounds, a \$100 fine per person will be assessed.
- For those leaving the pool directly for the airport on Saturday, de-gelling buckets will be provided.

TEAM BANNERS

Please drop off at information/ registration desk. Staff will hang all banners.

SOUND SYSTEM

A Clark Synthesis sound system with variable speed CD player will be used.

FOOD SERVICES

A list of concession offerings will be available at www.visitmesa.com/synchronationals

OFFICIALS AND COACHES HOSPITALITY

Breakfast, lunch, and snacks will be available in the hospitality room Wednesday, Thursday, Friday and Saturday.

PHOTO/ VIDEO REGULATIONS

Any photographs, videotape or other audio and/or visual recordings of the event created by a spectator may be used solely for such spectator's personal non-commercial use, and may not be broadcast, published or disseminated, or used for any commercial purposes, without the prior written consent of U.S. Synchronized Swimming. Personal use photography will be allowed by the audience, from the stands as long as not obstructing the view of others, with any camera using no flash. A professional photographer may be available during the competition.

MEDIA SERVICES

To assist the USSS Media Relations Director at the event, please bring a phone/fax list of your local media outlets.

PROGRAM

Championship Programs may be purchased in advance for \$5, or they can be purchased for \$10 at the event. Anyone interested in pre-ordering please contact Ron Wills. Be sure to take home copies of the Championship Program for family and club members who could not attend!

PERSONAL GREETINGS

Family and friends can submit personal greetings and messages of good luck to be included in the championship program. Personal greetings and messages will be placed randomly in the program and will not be included in the team area of the program. Greetings of 25 words or less cost \$10 and shall be emailed to josh@visitmesa.com. Please make checks payable to ASSA and send them to Ron Wills.

PROGRAM PICTURES

Participating teams are invited to send solo, duet and team photos for the official championship program. Cost per photo is \$20 and must be received by March 10, 2012. Please make checks payable to ASSA and send them to Ron Wills.

Save photos as a JPEG (.jpg) digital file. Set JPEG compression for high quality. If prepared correctly the digital JPEG attachment should be between 250K and 1MB. Send photos as an attachment to an e-mail. In the e-mail subject line indicate the club name. In the body of the e-mail include the complete name of club, city, state, description of photo, and name of the swimmers. (DO NOT send a word text document.) Name your attached photo file a name that describes your team photo (i.e. SST_trio.jpg) Send one photo and caption per e-mail (i.e. 4 photos = 4 e-mail messages.) E-mail photos to josh@visitmesa.com. Josh Todd can be reached at (480) 682-3650 with any questions regarding submission of photos.

Tentative Schedule

Please consult the FINAL SCHEDULE distributed at Registration for updates or adjustments.

Note that warm-ups may be split into first and second half, depending on size

| | | |
|----------------------------|--------------|--|
| Tuesday, April 10 | | |
| 9:00 | 5:00 | Fee based practice time |
| 3:00 | 9:00 | Registration – Information / front desk of Kino Aquatic Center |
| 6:30 | 8:00 | Junior Team Practice with Music |
| 6:30 | 8:00 | Judges Testing - In Coaches and Officials room |
| Wednesday, April 11 | | |
| 7:10 | 8:10 | Coaches and Officials meeting - In Coaches and Officials room |
| 7:00 | 7:30 | Open pool |
| 7:30 | 8:30 | Junior Figure Warm-up (if figures are split into flights, warmup will be 30 minutes each flight) |
| 8:35 | 1:00 | Junior Figure Competition |
| 12:00 | 1:00 | Collegiate Synchro Opportunities seminar |
| 1:00 | 1:20 | Junior Duet Prelim warm-up |
| 1:25 | 2:50 | Junior Duet Prelim competition (first half) |
| 2:50 | 3:10 | Junior Duet Prelim warm-up |
| 3:10 | 4:40 | Junior Duet Prelim competition (second half) |
| 4:40 | 5:25 | Junior Team Prelim warm-up |
| 5:25 | 7:00 | Junior Team Prelim competition |
| 7:00 | 7:30 | Athlete meeting- At the pool |
| 7:30 | 8:30 | Senior Free Team Practice with Music |
| Thursday, April 12 | | |
| 7:00 | 8:00 | Open Pool |
| 8:00 | 8:20 | Junior Solo Prelim warm-up (first half) |
| 8:25 | 9:50 | Junior Solo Prelim competition (first half) |
| 9:50 | 10:10 | Junior Solo Prelim warm-up (second half) |
| 10:15 | 11:45 | Junior Solo Prelim competition (second half) |
| 11:45 | 12:30 | Combo Practice with Music |
| 12:30 | 12:45 | Draw for Junior Finals |
| 12:45 | 1:45 | Collegiate Synchro Opportunities |
| 12:45 | 1:05 | Senior Solo Prelim Free warm-up |
| 1:10 | 2:45 | Senior Solo Prelim Free competition |
| 2:45 | 3:05 | Senior Duet Prelim Free warm-up |
| 3:10 | 4:45 | Senior Duet Prelim Free competition |
| 4:45 | 5:00 | Lap swim |
| 5:00 | 5:30 | Senior Team Prelim Free warm-up |
| 5:35 | 6:30 | Senior Team Prelim Free competition |
| 7:30 | 9:30 | Coaches/Officials/Sponsors/Meet Organizers Reception |
| Friday, April 13 | | |
| 7:00 | 8:00 | Open Pool |
| 8:00 | 8:20 | Senior Tech Solo warm-up |
| 8:25 | 9:30 | Senior Tech Solo competition |
| 9:30 | 10:00 | Combo Prelim warm-up |
| 10:05 | 11:00 | Combo Prelim competition (may be waived if fewer than 13 Competitors) |
| 11:00 | 11:30 | Senior Tech Team warm up |
| 11:35 | 12:10 | Senior Tech Team competition |
| 12:10 | 12:30 | Senior Tech Duet warm-up |
| 12:35 | 2:00 | Senior Tech Duet competition |
| 2:05 | 2:25 | Senior and Combo (if needed) Draw |
| 2:25 | 2:55 | Combo finals warm-up |
| 3:00 | 4:00 | Combo finals competition |
| 4:00 | 4:20 | Junior Duet Finals warm-up |

| | | |
|-------------|-------------|---------------------------------------|
| 4:25 | 5:15 | Junior Duet Finals competition |
| 5:15 | 5:35 | Junior Solo Finals warm-up |
| 5:40 | 6:25 | Junior Solo Finals competition |

Tentative Schedule - Continued

| Saturday, April 14 | | |
|---------------------------|--------------|--|
| 7:30 | 8:30 | Open Pool |
| 8:30 | 8:45 | Senior Free Solo Finals warm-up |
| 8:45 | 9:00 | Senior Free Duet Finals warm-up |
| 9:05 | 10:05 | Senior Free Solo Finals competition |
| 10:10 | 11:10 | Senior Free Duet Finals competition |
| 11:10 | 11:40 | Junior Team Finals warm-up |
| 11:45 | 12:50 | Junior Team Finals |
| 12:50 | 1:20 | Senior Team Finals warm-up |
| 1:25 | 2:25 | Senior Team Finals |
| 2:30 | 3:45 | Awards |

Appendix A: Club Entry Form, Entry Fee and Officials Summary

To register online login to your account from the homepage of the USA Synchro website <http://www.usasynchro.org/> , by clicking on "Registration". See the entry instructions on the site.

If you have any technical difficulties or questions, please email or call Jennifer at 317-237-5700 x5708 or jennifer@usasynchro.org.

Foreign Federations may enter the U.S. Junior and U.S. National Championships following the information posted in the invitation at

http://www.usasynchro.org/Assets/USSyncSwim+Digital+Assets/assets/documents/2012_Foreign+Invite.pdf

Please email or call Jennifer at 317-237-5700 x5708 or jennifer@usasynchro.org with any questions.

FORM B: TRANSPORTATION AND HOUSING INFORMATION

Club/Official Name _____ Club Code _____

Contact Name _____ Email _____

Contact Phone _____

ENTRY DEADLINE = MARCH 20, 2012

TRANSPORTATION

Arrival Please circle one: Air Auto Other

Date _____ Time _____

Airline / Flight Number _____

Departure

Date _____ Time _____

Airline / Flight Number _____

HOTEL/LODGING

Hotel/Lodging _____ Phone _____

No. of Athletes _____ No. of Coaches/Officials _____

PARKING

Parking will be complimentary in designated areas only.

EMERGENCY CONTACT INFORMATION

Please list three on-site emergency contacts for your club (these may be coaches, officials, chaperones or parents).

| <u>Name</u> | <u>Cell Phone Number</u> |
|-------------|--------------------------|
|-------------|--------------------------|

| | |
|----------|-------|
| 1. _____ | _____ |
|----------|-------|

| | |
|----------|-------|
| 2. _____ | _____ |
|----------|-------|

| | |
|----------|-------|
| 3. _____ | _____ |
|----------|-------|

SEND FORM B TO MEET MANAGER

Ron Wills
3343 E. Dover Circle
Mesa, AZ. 85213