

2010 United States Open MEET SCHEDULE 7/7/2010

TUESDAY, JULY 13		
PM 5:00	6:00	Registration at Host Hotel (Fairfield Inn & Suites by Marriott – Las Colinas)
6:00	7:00	Coaches & Officials meeting at Host Hotel (Fairfield Inn & Suites by Marriott – Las Colinas)
WEDNESDAY, JULY 14		
AM 7:00	7:15	Lap swimming only
7:15	8:05	Junior Figure warmup (half each team first 25 minutes, other half each team second 25 minutes)
8:20	11:00	Junior Figure Competition (all competitors; no flights)
11:00	11:30	Open Pool
11:30	3:45	Junior Practice with Music (Schedule will be published with time allocated based on entries, with music time for each routine. Note in case of inclement weather, time will only be allowed for Junior Team. Small routine time will not be rescheduled.)
3:45	4:00	Lap Swim for senior small routine swimmers
4:00	6:46	Senior Small Routine Practice with Music (time allocated based on entries, with music time for each small routine. Note in case of inclement weather, this will be cancelled.)
THURSDAY, JULY 15		
AM 6:15	6:45	Open Pool
6:45	7:05	Junior Solo warmup (first half of routines)
7:10	8:05	Junior Solo Prelims (first half)
8:05	8:25	Break - Junior Solo warmup (second half of routines)
8:30	9:25	Junior Solo Prelims (second half)
9:25	9:45	Junior Trio warmup (all routines warmup)
9:50	10:45	Junior Trio Prelims (no break)
10:45	11:45	Open Pool
11:45		Draw for Junior Solo and Trio Finals
12:00	12:15	Junior Solo Final warmup
12:15	12:30	Junior Trio Final warmup
12:35	3:35	Junior Solo & Trio Finals and Awards
3:45		Autograph Session with US Junior and Senior National Teams immediately following Junior Awards
3:45	5:45	Open Pool
FRIDAY, JULY 16		
AM 6:15	6:45	Open Pool
6:45	7:05	Junior Duet warmup (all routines warm up)
7:10	8:55	Junior Duet Prelims (no break)
8:55	9:15	Senior Solo Technical Routine warmup (all routines warm up)
9:20	10:10	Senior Solo Technical Routines (no break)
10:10	10:30	Senior Duet Technical Routine warmup (all routines warm up)
10:35	11:25	Senior Duet Technical Routines (no break)
11:25	11:35	Lap Swim for Senior Teams
11:35	12:00	Senior Team Technical Practice with Music (one time thru/order of draw)
12:00	12:15	Senior Team Technical warmup (one 15 minute groups)
12:20	12:50	Senior Team Technical Routines (no break)
12:50	1:00	Draw for Junior Duet Finals (open pool)
1:00	1:10	Draw for Senior Free Routine Finals (open pool)
1:10	1:25	Junior Duet Final warmup
1:30	3:00	Junior Duet Finals and Awards
3:00	3:15	Lap Swim for Combination Routines ONLY
3:15	4:15	Combination Routine Practice with Music (one time thru/in order of draw)
4:15	4:45	Combination warmup (two 15 minute groups)
4:50	6:00	Combination Prelims
6:10		Draw for Combination Finals
SATURDAY, JULY 17		
AM 6:15	6:45	Open Pool
6:45	7:15	Junior Team Warmup(two 15 minute groups)
7:20	8:05	Junior Team Prelims (no break)
8:05	8:20	Senior Free Solo warmup
8:25	9:35	Senior Free Solo Finals (no break)
9:35		Draw for Junior Team Finals
9:40	9:55	Senior Free Duet warmup
10:00	11:05	Senior Free Duet Finals (no break)
11:05	11:35	Junior Team warmup (two 15 minute groups)
11:40	12:25	Junior Team Finals
12:25	12:55	Senior Free Team Practice with Music (one time thru/in order of draw)
12:55	1:10	Senior Free Team warmup (one 15 minute group)
1:15	1:50	Senior Free Team Finals (no break)
1:50	2:20	Combination warmup(two 15 minute groups)
2:25	3:35	Combination Finals
3:40		Junior Team, Senior Routine and Combination Awards