



# **Special Seminars** for Coaches, Athletes & Parents

**Wednesday, April 14 Huntersville Aquatic Center**

## **5-6 PM Sports Medicine for Synchronized Swimming**

- The Three Keys to Success are in the Basics
- Athlete Safety and Injury Prevention-Shoulder Stabilization and Concussion

## **6-7 PM Athlete Seminar**

- What you need to know about Anti-doping
- Athlete Nutrition

**Please come with your questions for this outstanding presenter.**

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## **Presented by: Jim Miller, MD**

FINA Sports Medicine Committee

Chair, FINA World Sports Medicine Congress 2004

National Team Physician, USA Swimming

President, United States Masters Swimming 2001-2005

FINA Doping Control Delegate

Family Practice, Sports Medicine

Associate Clinical Professor, University of Virginia, Virginia Commonwealth University

