

Revised Meet Schedule (as of July 12, 2004)		
MONDAY, JULY 19		
PM 3:00	8:00	Open Pool at the Aquatic Center
3:00	9:00	Registration at the Aquatic Center
8:00	9:00	Junior & Senior Coaches & Officials meeting, figure draw, Aquatic Center
TUESDAY, JULY 20		
AM 7:00	7:15	Lap swimming
7:00	6:00 PM	Registration at the Aquatic Center
7:15	7:45	Figure warm-up, first group
8:00	2:45	Junior Figures (3 flights)
3:00	3:45	Sr. Tech Team practice with music
3:50	5:50	Jr. Team practice with music
6:00	7:00	Sr. Free Team practice with music
8:00	9:30	Officials & Coaches reception
WEDNESDAY, JULY 21		
AM 7:00	7:15	Lap swimming
7:15	7:30	Sr. Tech. Duet warm-up
7:35	8:50	Sr. Tech. Duet competition
9:00	9:15	Jr. Duet warm-up
9:20	2:00	Jr. Duet competition
2:00	2:15	Sr. Tech. Trio warm-up
2:20	2:50	Sr. Tech. Trio competition
3:15	3:35	Sr. Tech. Team warm-up
3:40	4:40	Sr. Tech. Team competition
4:45	5:05	Jr. Team warm-up
5:10	7:30	Jr. Team competition
THURSDAY, JULY 22		
AM 7:00	7:15	Lap swimming
7:15	7:30	Jr. Solo warm-up
7:35	12:30	Jr. Solo competition
PM 12:45	1:00	Sr. Free Trio warm-up
1:05	1:45	Sr. Free Trio competition
2:00	2:15	Jr. Trio warm-up
2:20	5:20	Jr. Trio competition
5:25	5:40	Sr. Tech Solo warm-up
5:45	6:40	Sr. Tech Solo
7:00	7:20	Sr. Free Team warm-up
7:25	8:30	Sr. Free Team competition
FRIDAY, JULY 23		
AM 7:00	7:15	Lap swimming
7:15	7:30	Sr. Free Solo warm-up
7:35	8:45	Sr. Free Solo competition
9:00	9:15	Sr. Free Duet warm-up
9:20	11:15	Sr. Free Duet competition
11:30	1:25	Combo routine practice with music
1:45	2:15	Jr. Finals warm-up (Trio, Duet, Solo)
2:25	2:40	Parade of Athletes
2:45	8:30	Jr. Trio, Duet, Solo, Team Finals & Awards
8:30	9:00	Officials, Coaches & Athletes wrap up
SATURDAY, JULY 24		
AM 7:00	7:15	Lap swimming
7:15	7:45	Combo Final warm-up
7:50	9:50	Combo Routine Final
10:00	10:30	Sr. Finals warm-up (Trio, Duet, Solo)
10:40	10:55	Parade of Athletes
11:00	5:00	Sr. Trio, Duet, Solo, Team Finals & Awards
6:30		Party at Six Flags for Athletes, Coaches, Officials, Families & Guests

