## 2004 U.S. National Synchronized Swimming Championships MEET SCHEDULE

Tuesday, April 27	Start	End	Event
Mednesday, April 28	Start	2.10	
Mednesday, April 28	Tuesday, April 27		
Wednesday, April 28		10:00	Registration @ Sheraton
AM 6:45			
School	Wednesday, April 28		
7:30         2:30         Scheduled Practice w/ Music           2:00         2:30         Officials/Coaches Meeting           2:30         3:15         Trials warm-up for '05 Phase I           3:20         6:00         2005 Team Trials Phase I           6:30         8:00         Officials/Coaches Reception @ Arrillaga Cafe           Thursday, April 29           AM 7:00         8:00         Open Pool Comp/Diving Well           8:00         8:45         Trials warm-up '04 Phase IV & '05 Phase II           8:00         8:45         Trials warm-up '04 Phase IV & 2004 Phase II           8:00         10:30         2004 Team Trials Phase IV & 2004 Phase II           8:00         10:30         2004 Team Trials Phase IV & 2004 Phase II           8:00         11:00         Solo Technical Competition           11:05         12:30         Solo Technical warm-up (1" half)           12:30         12:50         Duet Technical warm-up (1" half)           12:55         2:30         Duet Technical Competition           12:25         2:30         Duet Technical warm-up (2 @ 20 min each)           4:30         Team Technical Competition           4:30         Team Technical Competition           6:30         8:30         Open Pool Comp/D	AM 6:45	7:30	Open Pool Comp/Diving Well
2:30	8:00	5:00	Registration @ Pool
2:30   3:15   Trials warm-up for '05 Phase I	7:30	2:30	Scheduled Practice w/ Music
3:20   6:00   2005 Team Trials Phase I	2:00	2:30	Officials/Coaches Meeting
Section	2:30	3:15	Trials warm-up for '05 Phase I
Thursday, April 29	3:20	6:00	2005 Team Trials Phase I
AM 7:00	6:30	8:00	Officials/Coaches Reception @ Arrillaga Cafe
AM 7:00			· ·
AM 7:00	Thursday, April 29		
8:00         8:45         Trials warm-up '04 Phase IV & '05 Phase II           8:50         10:30         2004 Team Trials Phase IV & 2004 Phase II           10:40         11:00         Solo Technical warm-up (1st half)           11:05         12:30         Solo Technical Competition           12:30         12:50         Duet Technical warm-up (1st half)           12:55         2:30         Duet Technical Competition           2:30         3:10         Team Technical Competition           4:30         4:30         Team Technical Competition           4:30         5:00         Athletes meeting & Trials de-briefing at Pool           6:30         8:00         Banquet & All-American Awards @ Sheraton           Friday, April 30           AM 7:30         8:30         Open Pool Comp/Diving Well           8:30         10:00         Team Free practice w/music           10:00         10:20         Solo Prelim warm-up (1st half)           10:30         1:00         Solo Prelim warm-up (1st half)           1:30         4:00         Duet Prelim Competition           4:00         5:00         Team Free Prelim Competition           4:00         5:00         Team Free Prelim Competition           5:10         6:30		8:00	Open Pool Comp/Diving Well
10:40	8:00		Trials warm-up '04 Phase IV & '05 Phase II
10:40		10:30	2004 Team Trials Phase IV & 2004 Phase II
11:05	10:40		
12:55	11:05	12:30	Solo Technical Competition
12:55	12:30	12:50	Duet Technical warm-up (1 <sup>st</sup> half)
2:30         3:10         Team Technical warm-up (2 @ 20 min each)           3:20         4:30         Team Technical Competition           4:30         5:00         Athletes meeting & Trials de-briefing at Pool           6:30         8:00         Banquet & All-American Awards @ Sheraton           Friday, April 30           AM 7:30         8:30         Open Pool Comp/Diving Well           8:30         10:00         Team Free practice w/music           10:00         10:20         Solo Prelim warm-up (1st half)           10:30         1:00         Solo Prelim Competition           1:30         4:00         Duet Prelim Competition           4:00         5:00         Team Free Prelim warm-up (3 @ 20 min each)           5:10         6:30         Team Free Prelim Competition           Saturday, May 1         AM 8:00         10:00         Olympic Team Practice Comp/Diving Well Open           10:00         10:30         Lap swimming Only Comp Pool         10:30           10:00         10:30         Duet Final warm-up           11:00         11:30         Duet Final Competition           1:15         2:15         Duet Final Competition           2:15         3:15         Team Final warm-up Pres-6 (30min) 7-12 (30min)	12:55	2:30	
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