

201 S. Capitol #901
Indianapolis, IN
46225



Olympic Games

Gold Medalists

1996 Team
1992 Solo, Duet

1984 Solo, Duet

Silver Medalists

1988 Solo, Duet

Bronze Medalists

2004 Duet, Team

World Championships

Gold Medalists

1994 Solo, Duet, Team

1991 Duet, Team

1982 Solo

1978 Team

1975 Solo, Duet, Team

1973 Solo, Duet, Team

Silver Medalists

2003 Team Combo

1991 Solo

1986 Solo, Duet, Team

1982 Duet, Team

1978 Solo

World Cup

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1963 Solo, Duet, Team

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1983 Team

1979 Solo, Duet

U.S. Synchronized Swimming

Press Release

September 8, 2006

Contact: Taylor Payne, 317-507-3410

U.S. National Team Heads to 2006 FINA Synchronized Swimming World Cup

2006 FINA World Cup to Appear on World Championship Sports Network

Indianapolis, Ind. – The U.S. National Synchronized Swimming Team will make a splash in Yokohama, Japan at the 2006 FINA Synchronized Swimming World Cup. The competition will run September 14-17 and will feature top international competition. The event is hosted by the Japan Swimming Federation (JASF), the Kanagawa Swimming Federation (KASF) and the TV Asahi Corporation.

Christina Jones will represent the United States in the solo competition (Sept. 15) and will pair up with **Andrea Nott** for the duet event (Sept. 16). The team competition will debut on Sept. 17. The U.S. has had much success in this competition, claiming six of 10 World Cup titles.

The duet and team events can be viewed on same-day delay via www.WCSN.com at 4:00 p.m. ET. Former U.S. National Team member and 1996 Olympic Gold Medalist, **Nathalie Bartleson** will provide commentary.

The U.S. National Team I consists of **Brooke Abel** (Fallbrook, Calif.), **Poppy Carlig** (Richmond, Calif.), **Janet Culp** (Littleton, Colo.), **Kate Hooven** (Pleasanton, Calif.), **Christina Jones** (Fremont, Calif.), **Becky Kim** (Walnut Creek, Calif.), **Elizabeth-Anne Markman** (Pacific Palisades, Calif.), **Barbara Nesbitt** (Riverside, Calif.), **Andrea Nott** (San Jose, Calif.), **Annabelle Orme** (Walnut Creek, Calif.), **Jillian Penner** (Seattle, Wash.) and **Kim Probst** (Troy, N.Y.).

Check www.usasynchro.org and <http://www.yokohama2006.org/daily> for results and information. Also, log on to www.WCSN.com for same-day webcast of the duet and team events. For more information, contact Taylor Payne at taylor@usasynchro.org or (317) 507-3410.

About World Championship Sports Network (WCSN)

World Championship Sports Network (WCSN) is the country's premier multi-platform network dedicated to creating a 24/7, 360° destination for interacting with and viewing athletes and international sports competitions from around the world; on TV, online and on handheld devices. With exclusive long-term programming agreements with over 20 major international sports federations, including track and field, gymnastics, skiing, volleyball, and many others, WCSN delivers exciting world-class competitions that can't be seen anywhere else. WCSN was co-founded by Claude Ruibal, chairman & CEO and Tom Hipkins, EVP & general counsel and is managed in coordination with Carlos Silva, president & COO. The company has a strategic partnership agreement with Major League Baseball Advanced Media, LP (MLBAM), the interactive media and Internet Company of Major League Baseball. WCSN's lead investor is Polaris Venture Partners who invests in seed, early stage, and middle market companies in high growth industries. They have over \$3 billion under management and currently invest in over 90 companies. For more information, please visit www.wcsn.com.

United States Synchronized Swimming (USSS) serves as the National Governing Body for the sport of synchronized swimming, appointed as such by the United States Olympic Committee. USSS is a membership-based and non-for-profit organization which services the sport from the grass roots level to the National Team. The mission statement of USSS is "to provide leadership and resources for the promotion and growth of synchronized swimming, to achieve competitive excellence at all levels and to develop broad based participation."

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September 8, 2006

Contact: Taylor Payne, 317-507-3410

Synch ... Or Sink!

Local athletes offer "clips-on" challenge to ambitious media!

Does your media outlet have a hands-on sports reporter who does not mind getting his or her feet wet?

Perhaps he or she is an aggressive sports veteran who will go to great lengths for the inside scoop on a local sporting event. Maybe you've got a *macho man* who likes to show off during office softball games and can not turn down a chance to put his athletic talents to the test.

Then consider this a bare-bones, knockdown, drag-out challenge! The buoyant media member will receive a great experience and an even greater story. The unsuccessful reporter will receive a visit to the bottom of the pool!

U.S. Synchronized Swimming, in conjunction with the 2006 U.S. Open, issues a formal challenge to any and all media outlets to **try synchronized swimming** (under the close supervision of lifeguards, of course). Swimming alongside participants will be several local top-rated athletes.

Even the most confident reporter who scoffs at any athletic event that does not involve helmets or physical contact will become a new person after swallowing a few gallons of water. Just ask Matt Lauer and Al Roker or Olympic gold medalists Mary Lou Retton, Kerri Strug or Summer Sanders, who all accepted the challenge. Even syndicated columnist Dave Barry tried "Synch or Sink" and was a born-again aquanaut. The experience prompted Barry to exclaim in the *Miami Herald*, "**This is the hardest sport in the world!**"

The media challenge will take place at the YMCA Aquatic and Family Center. Private challenges may be arranged at any time during the event by contacting Taylor Payne at 317-507-3410. Wear your swimsuit and water wings. We'll provide a nose clip, cap, goggles, and ... CPR.

The challenge is held in conjunction with the 2006 U.S. Open being held Orlando, Fla. at the YMCA Aquatic and Family Center July 16-22, 2006.

To RSVP for "The Synchro Challenge," or for more information on the 2006 U.S. Open Synchronized Swimming Championships, contact Taylor Payne at 317-507-3410.

Come see why *Inside Sports* named
Synchronized Swimming
one of the world's five TOUGHEST sports!

USA Synchronized Swimming provides leadership and resources for the promotion and growth of synchronized swimming, to achieve competitive excellence at all levels and to develop broad based participation.

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U.S. Synchronized Swimming *Press Release*

2006 U.S. Open Synchronized Swimming Championships Final Meet Schedule

Start	End	Event
SUNDAY, July 16		
AM 7:00	7:30	Lap swimming only
7:30	8:00	Figure Warm-up (first flight of 3)
8:05	3:00	Figure Competition
4:00	6:00	Junior Team Practice with Music
MONDAY, July 17		
AM 7:00	8:00	Open Pool
8:00	8:30	Junior Duet warm-up (first group of 3)
8:35	1:30	Junior Duet competition
1:45	2:15	Junior Trio warm-up (first group of 2)
2:20	5:45	Junior Trio competition
TUESDAY, JULY 18		
AM 7:00	8:00	Open Pool
8:00	8:30	Junior Solo warm-up (first group of 2)
8:35	12:15	Junior Solo competition
1:00	1:50	Junior Team warm-up (first group of 2)
1:55	4:45	Junior Team competition
4:45	6:00	Open Pool
WEDNESDAY, July 19		
AM 6:30	7:00	Open Pool
7:00	8:45	Free Combination Routine Practice with Music
9:00	11:00	Free Combination Routine Preliminary competition
11:15	6:00	Junior warm-up, Parade of Athletes, Final competition and Awards
7:30	10:00	Athlete Dinner
THURSDAY, JULY 20		
AM 7:00	8:00	Open Pool
8:00	9:00	Free Combination Routine Final warmup (3 groups x 20 minutes each)
9:05	11:00	Free Combination Routine Final competition and Awards
11:00	11:30	Senior Coaches and Officials meeting, at the Aquatic Center
11:30	1:00	Open Pool
1:00	1:30	Senior Technical Duet warm-up
1:35	2:10	Senior Technical Duet competition
2:15	2:45	Senior Technical Solo warm-up
2:50	3:30	Senior Technical Solo
3:30	4:15	Open Pool
4:15	4:50	Senior Technical Team Practice with Music
5:15	6:00	Senior Technical Team competition
FRIDAY, July 21		
AM 8:00	10:00	Open Pool
10:00	10:30	Senior Free Duet warm-up
10:35	11:35	Senior Free Duet competition
11:40	12:10	Senior Free Solo warm-up
12:15	1:15	Senior Free Solo competition
1:45	2:30	Senior Free Team Practice with Music
3:00	3:45	Senior Free Team competition
3:45	5:00	Open Pool
SATURDAY, July 22		
AM 8:00	10:00	Open Pool
10:00	3:00	Senior warm-up, Parade of Athletes, Final competition and Awards

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