

**2004 Board of Governors Meeting
Rules Proposals, 13 September 2004
Diane Hunsinger, Rules Chair
Proposed new wording is in bold print and deletions are in (---).**

ITEMS RECOMMENDED FOR APPROVAL; 50% APPROVAL NEEDED TO PASS:
6, 7, 8, 9, 10, 12, 13, 16, 20, 21

ITEMS RECOMMENDED FOR REJECTION; 50% APPROVAL NEEDED TO PASS:
5

ITEMS RECOMMENDED FOR APPROVAL AS AMENDED; 50% APPROVAL NEEDED TO PASS:
11, 15, 19, 22a-c

ITEMS RECOMMENDED FOR APPROVAL; 90% APPROVAL NEEDED TO PASS:
1, 2, 3, 24, 27, 28, 31, 33

ITEMS RECOMMENDED FOR REJECTION; 90% APPROVAL NEEDED TO PASS:
25, 26, 29, 30

ITEMS WHICH WERE WITHDRAWN BY SUBMITTERS:

4 –Referred back to the Law and Legislation Committee, 14-Referred back to Collegiate Committee, 17- Referred to the Figure Committee, 18 – Referred to the Figure Committee; 23-Withdrawn by the Master Committee; 32-Withdrawn by the Rules Committee

11. Rule IV.C.5.b.(1) (Page 28) add new (1)(e)-(i), delete (2)(a)-(e) and renumber (2)(f)-(i):

C. Referee

5. Application of Penalties

b. Routine Competition

(1) **One-half Point Penalties:**

(a)-(d) Remain the same.

(e) If one or more competitors fail to begin and/or finish with the accompaniment.

(f) Exceeds 10 seconds limit for deck movements.

(g) Exceeds specified time limit for routine (Rule II.D.2.d.).

(h) For any routine which is under time at competitions where the minimum requirements are in effect (Rule II.D.2.d.).

(i) If one or more competitors interrupt the routine during deck movements and make a new start. (If of technical nature, no penalty.)

(2) **One Point Penalties:**

~~(a) If one or more competitors fail to begin and/or finish with the accompaniment.~~

~~(b) Exceeds 10 seconds limit for deck movements.~~

~~(c) Exceeds specified time limit for routine (Rule II.D.2.d.).~~

~~(d) For any routine which is under time at competitions where the minimum requirements are in effect (Rule II.D.2.d.).~~

~~(e) If one or more competitors interrupt the routine during deck movements and make a new start. (If of technical nature, no penalty.))~~

(f) For failure to end routine in the water.

(g) For each infraction for deliberate walking on the bottom of the pool up to a maximum of 2 points per routine.

(h) For each infraction of deliberate contact with the pool deck up to a maximum of 2 points per routine.

(i) For each infraction for deliberate use of the bottom of the pool to assist another swimmer(s) up to a maximum of 2 points per routine.

Rationale: A one-half point penalty for some infractions is sufficient. A one-point penalty is excessive.
RECOMMENDED FOR APPROVAL AS AMENDED

15. Rule V.C. (page 35) add new 4 and renumber:

4. Compliance:

- a. All questions or requests for waivers shall be directed to the Collegiate Compliance Ad Hoc Committee. After review, the Collegiate Compliance Ad Hoc Committee shall forward appropriate requests for waivers of the rules to the Technical Vice President for decision.
- b. This committee shall be composed of one representative each from a Division 1 Varsity, Division 2/NAIA Varsity, Division 3 Varsity and Division 1 Club and one unaffiliated individual knowledgeable of NCAA Rules. One of these individuals shall be the Collegiate Chair and one of these individuals shall be an athlete.

RECOMMENDED FOR APPROVAL AS AMENDED

19. Rule V.11. (page 38) new g and renumber:

- 11. U.S. Collegiate Championship:
 - a-f. Remain the same.
 - g. **Finals: The top 12 routine scores shall qualify for Final Routine Competition. Number 13 shall be the pre-swimmer. The draw shall be held as FINA, with the top six finishing places (1-6) drawing for places 7-12 in the order of draw and the second six finishing places (6-12) drawing for places 1-6 in the order of draw.**

RECOMMENDED FOR APPROVAL AS AMENDED

- 22a. Rule V.D. 2. (page 40-41). Delete a-h, add new a-m.

V. Special Programs

D. Masters/Grand Masters

2. Events:

- ~~((a. Solo, Duet, Trio and Team~~
- b. ~~Figure Competition~~
- c. ~~Technical Individual Routine~~
- d. ~~Number of Events: Competitors must compete in Figure Competition or Technical Routine Competition. In addition, each competitor may compete in no more than three (3) different Free Routine events in each competition.~~
- e. ~~Free Routine competition shall consist of Solo, Duet, Trio and Team Routines consisting of any figures, swimming strokes, propulsion techniques or parts thereof.~~
- f. ~~Technical Routines shall consist of an Individual Routine with the following requirements. Items I 4 shall be performed in the order listed:~~
 - ~~(1) SPLIT POSITION, followed by a walkout, Front or a Walkout, back~~
 - ~~(2) KIP (complete figure)~~
 - ~~(3) Traveling Ballet Leg combination, to include at least 2 of the following positions: BALLET LEG, with right leg, BALLET LEG, with left leg, BALLET LEG DOUBLE, FLAMINGO.~~
 - ~~(4) Heron (complete figure).~~
 - ~~(5) A minimum of 2 different types of propulsion (other than sculling): placement is optional~~
 - ~~(6) Supplementary elements may be added, placement is optional~~
 - ~~(7) Figure elements shall be executed according to the requirements described in Appendix L.1.B. Of the Synchronized swimming rules.~~
 - ~~(8) Total distance traveled should be equivalent to 20 meters~~
 - ~~(9) Swimwear must be according to FINA Rule GR6. These shall be black and the competitor shall wear a white cap. Goggles and nose clips may be worn.~~

~~Refer to the USSS Code, Article 10c for changes to these elements by FINA.
The 2003 FINA elements shall be used.~~

- ~~g. Age Groups: Masters and Grand masters shall participate together in the following age groups.
(1) Individual Technical routine/Solo:
(a) Master or Grand Master:
20-29; 30-39; 40-49; 50-59; 60-69; 70-79; 80-89, etc. (as high as necessary to accommodate all age entries).
h. Time limits:....last competitor enters the water.))~~

22a. cont'd Rule V.D. 2. (page 40-41) new a-m. (Although new, for clarity of bolded positions, the following is not bolded)

- a. Solo, Duet, Trio and Team Free Routines
- b. Solo, Duet, Trio and Team Technical Routines
- c. Figure Competition
- d. Combo Free Routine (see Rule 1.D.2.b. for definition of event)
- e. Number of events: Each competitor may compete in no more than three (3) events - Free Routine events (solo, duet, trio, team) or Figure competition – in each U.S. Championship.
- f. Competitors must compete in a Technical Routine for each Free Routine event entered (solo, duet, trio or team).
- g. Free Routine competition shall consist of Solo, Duet, Trio or Team Routines consisting of any figures, swimming strokes or parts thereof.
- h. Technical routines:
 - (1) With the exception of deck work and entry, all elements required and supplementary shall be performed simultaneously and facing the same direction. Variation in propulsion permitted only during pattern changes. Mirror actions are not permitted.
 - (2) Supplementary elements may be added; placement is optional.
 - (3) Figure elements shall be executed according to the requirements described in Appendix L.1.b.
 - (4) Total distance traveled should be equivalent to 20 meters
 - (5) Swimwear shall be black and the competitor shall wear a white cap. Goggles and nose clip may be worn.
 - (6) Technical Routines shall consist of the following requirements.
- i. Solo Technical Routine Requirements
 - (1) **Split Position**, followed by a Walkout, front or Walkout, back
 - (2) Porpoise, complete figure
 - (3) Traveling Ballet Leg Combination - to include at least 2 of the following positions: **Ballet Leg**, with right leg, **Ballet Leg**, with left leg, **Ballet Leg Double**, **Flamingo**.
 - (4) Heron *thrust* starting from the submerged double ballet leg position
 - (5) A minimum of two (2) forms of propulsion techniques, including at least one sequence with one arm above the surface of the water.
 - (6) Elements 1-4 must be performed in order
 - (7) Element 5 may be executed at any time.
- j. Duet/Trio Technical Routine Requirements
 - (1)-(5) Elements 1-5 same as Solo Elements
 - (6) Joined Action – must include one of the following connected elements (a figure, float or stroking)
 - (7) Elements 1-4 must be performed in order
 - (8) Elements 5-6 may be executed at any time
- k. Team Technical Routine Requirements
 - (1)-(5) Elements 1-5 same as Solo Elements
 - (6) Cadence Action – identical movement(s) performed sequentially one by one, by all team members. When more than one cadence action is performed, they must be consecutive and not separated by other optional or required elements.

- (7) Elements 1-4 must be performed in order
- (8) Elements 5-6 may be executed at any time

Refer to the USSS Code, Article 10.01 C., for changes to these elements by FINA.
The current FINA elements shall be used..

- l. Age Groups:
 - (1) Solo/Duet/Trio/Team:
Master or Grand Master:
20-29; 30-39, 40-49; 50-59; 60-69; 70-79; 80-89, etc. (as high as necessary to accommodate all age entries).
 - (2) Free Combo Routine:
Master or Grand Master:
20-34; 35-49; 50-64; 65& older
 - (3) Age for each routine entry is determined by averaging the ages of the competitors.
- m. Technical Routines: 1 ½ minutes

22b. Rule IV.D.4. Amend (a), insert new (b) and renumber as follows:

- 4. Scoring:
 - (a) ~~((Figures, Individual Technical routines and Free routines shall be scored as separate events.))~~ **Routine events shall be scored according to Rule IV.D.1.b.(1) (d).**
 - (b) **Figures and Free Combo Routines shall be scored as separate events.**
 - (c) Bonus points shall be calculated according to Rule IV.D.1.b.(3)(e).

22c. Rule IV.D.6. Awards:

- a. Remains the same
- b. Routine awards:
 - (1) Remains the same
 - (2) Remains the same
 - (3) ~~((Ribbons shall be awarded to places 1-8 for Individual Technical Routines.))~~ **Ribbons shall be awarded to places 1-8 for Free Combo Routines.**

RECOMMENDED FOR APPROVAL AS AMENDED