

2004 Figures Committee Report

The Figure committee was ask to look at the progress of 13 and under age group figures to 14 and over age group figures. Many ideas were discussed during the year. We would love to have input from the rest of the rest of you. Please attend this meeting and share your thoughts on these changes.

We also decide it is best not to make any major changes to the junior figures until FINA makes their changes in 2005. At that time we will look at making changes to the Junior figures at the 2005 convention.

Thanks to the committee members for their work during the year.

South: Kris Olson, Cheryl Cook

West: Susan Nesbitt, Donn Squire

East: Teena Griggs, Brenda Kline

North: Shari Darst, Linda, Loehndorf

Athlete Reps: Leslie Edgerton, Jennifer Mitchell, Jenn Kaminska

Respectfully submitted,

Ginny Chadwick

Figures Chair

2004 Figures Committee Report

Item 1: Page 8:

D. FIGURE GROUPS FOR U.S. AGE GROUP, AGE GROUP REGIONAL AND AGE GROUP ASSOCIATION COMPETITIONS

Compulsory Figures: 13 and under swimmers

- | | | |
|---------|------------------------|------------|
| 1. 140 | Flamingo, Bent Knee | 2.4 |
| 2. 311a | <u>Kip, Half Twist</u> | <u>2.0</u> |
| 3. 423 | Ariana | 2.2 |

Selection Groups: 13 and under swimmers

Draw one figure from the group for the correct year:

Group 1 odd years (2005, 2007)

- | | | |
|---------|-----------------------------|-----|
| 4. 349e | <u>Tower, Spinning 360°</u> | 2.0 |
| 4. 342 | Heron | 2.1 |

Group 2 even years (2006, 2008)

- | | | |
|--------|---------------------|-----|
| 4. 346 | Side Fishtail Split | 2.0 |
| 4. 301 | Barracuda | 2.0 |

Rationale: Kip, Half Twist makes a good progress to the Kip, Twist Spin. The Intermediates swimmers also perform the Kip, in odd years. It makes sense to have them progress up from the intermediate skills.

The Tower, Spinning 360° is a better figure than the Neptunus. When this figure was added it was thought it made a good progress from the Intermediate figures to 13 and under age group figures. The Intermediates have crane joins in their technical routines and also perform a Tower, in odd years. The Neptunus does not have a Crane join but a crane to a bent knee then close to vertical. This does not help prepare the swimmers for the 14 and over figures. By adding the Tower, Spinning 360° the swimmers will be building on a figure they may have preformed as a Intermediate as well as get them ready for the spins of the 14 and over figures. Housekeeping on the 2 as both groups are listed as Group 1 in the book.

Item 2: Page 20

FIGURES RULE V BASIC TRANSITIONS AND MOVEMENTS

S. Twist and Twirls:

A *Twist or Twirl* may be added to any figure following a final **Vertical Position**. A figure with a *Twist or Twirl* added to its normal sequence shall have a letter added to its number and difficulty as follow: ... (rest as is) ...

Rationale: The Twirl action was left out of the Rulebook description.

2004 Figures Committee Report

Item 3: Page 15:

RULE IV BASIC POSITIONS FOR FIGURES

S. T Position

The truck and one leg are extended parallel to the surface. The other leg is perpendicular to the truck and extended directly toward the bottom of the pool.

T. Tub Position

The legs are bent and together. The feet and knees are at parallel to the surface, with the thighs perpendicular. The face is at the surface.

Rationale: Correct English usage.

Item 4: Pages 26/27:

RULE VI DESCRIPTIONS OF FIGURES FOR SYNCHRONIZED SWIMMING

301. Barracuda

305. Barracuda, Back Pike Somersault

325. Barracuda, Front Pike Somersault

305h and 305i. From the **Vertical Position**, a rapid *Vertical Descent*, ~~stopping~~ pausing at the ankles, precedes the designated spins, with a rapid *Vertical Descent* following, to complete the figure.

Rationale: The Committee's specific recommendation was to have a pause at the ankles, rather than a stop at the ankles, but somehow this was submitted incorrectly to the Board of Governors in 2003.

2004 Figures Committee Report

Item 5: Page 8:

FIGURES RULE II

FIGURES GROUPINGS AND COMPULSORY FIGURES FOR COMPETITIONS

D. FIGURE GROUPS FOR U.S. AGE GROUP, AGE GROUP REGIONAL, AND AGE GROUP ASSOCIATION COMPETITIONS

Compulsory Figures: ~~13~~ 11 – and under swimmers

All figures shall remain as is for both Compulsory Figures and Selection Groups.

Compulsory Figures:12-13 swimmers

- | | |
|--|------------|
| 1. <u>Flamingo, Bent Knee, Spinning 180°</u> | <u>2.6</u> |
| 2. <u>Kip, Full Twist</u> | <u>2.4</u> |
| 3. <u>Ariana</u> | <u>2.2</u> |

Selection Groups:12-13 swimmers

Draw one figure from the group for the correct year:

Group 1 odd years (2005, 2007)

- | | |
|---------------------|------------|
| 4. <u>Albatross</u> | <u>2.2</u> |
| 4. <u>Catalina</u> | <u>2.2</u> |

Group 1 even years (2006, 2008)

- | | |
|-------------------------------------|------------|
| 4. <u>Porpoise, Continuous Spin</u> | <u>2.4</u> |
| 4. <u>Tower, Spinning 360°</u> | <u>2.0</u> |

Note: These figures need not be performed in the order listed.

Rationale: The Figures Committee unanimously agreed that we need to have a logical progression of skill development from the 13- and under Figures to the junior Level 14-and – over Figures, which are extremely challenging. This proposal addresses that specific problem, utilizing two of the basic root figures (Flamingo, bent Knee and Kip) while retaining the Arian, and thus helps to bridge the chasm that presently exists between the 13-and-under Figures and the Junior Level 14-and-over Figures, while still maintaining the integrity of the present Figures for the 11-and-under swimmers. The figures selected for Group I and Group II were very specifically selected because they are obviously less difficult than those included in the Junior Level 14-and-over Figures, but provide a logical transition and progression of skills for the 12-13 swimmers.