



2005 U.S. COLLEGIATE SYNCHRONIZED SWIMMING CHAMPIONSHIPS

March 24-26 • Gainesville, FL

FINAL MEET ANNOUNCEMENT

- DATES** March 24-26, 2005 (Practice date: March 23)
- FACILITY** Stephen C. O'Connell Center <http://www.oconnellcenter.ufl.edu>
University of Florida Campus
Lynda Reinhardt, Facility Director 352-392-5500
- MEET MANAGERS**
- | | |
|---|--|
| Betsy Visniski Caza, GSOC
300 East University Avenue
Suite 100
Gainesville, FL 32601
352-331-7998 home
352-246-8854 cell
bcaza@gatorsynchro.com | Nikki Berlin, GSOC
300 East University Avenue
Suite 100
Gainesville, FL 32601
503-975-3884 cell
BERL8503@pacificu.edu |
|---|--|
- RULES TO GOVERN** The 2005 Official USSS Rulebook shall govern the Championships.
- ENTRIES**
- | | |
|---------------|--|
| FORM A | Club Entry Form (add additional sheets if necessary) |
| FORM B | Athlete Affidavit of Eligibility |
| FORM C | Technical Event Affidavit |
| FORM D | Entry Fee Summary |
| FORM E | Host Fee Summary |
| FORM F | Housing and Transportation/Practice Time Request |
| FORM G | Officials Availability |
| FORM H | Collegiate Athlete of the Year Nomination |
| FORM I | Collegiate Contributor Award Nomination |
| FORM J | Mary Jo Ruggieri Collegiate Scholarship Nomination |
- ENTRY DEADLINE** Entries, Forms and Fees must be postmarked no later than **March 2, 2005**.
Use Postal Form #3817 to verify mailing date. (If a qualifying event is held after the entry deadline for this competition, a provisional entry must be submitted according to the above deadline. Within 72 hours of the completion of the qualifying competition, the proof of qualification must be submitted by phone and in writing to the Meet Manager.)
- MAIL ENTRIES
AND FEES TO** Nikki Berlin, GSOC
300 East University Avenue.
Suite 100
Gainesville, FL 32601
- MAIL ONE COPY OF
ENTRY FORM A TO:** Dave Olson
5834 Fitzhugh Street
Burke, VA 22015
Home: (703)-569-0085
Fax: (703)-913-6057
Dkolson70@aol.com

2005 U.S. Collegiate Synchronized Swimming Championships (cont'd)

REGISTRATION Wed., March 23 9 a.m.-5 p.m. Registration at the pool

COACHES MEETING Wed., March 23 7-9 p.m. At the pool

ATHLETES MEETING Wed., March 23 7-9 p.m. At the pool

FEE INFORMATION

- Entry Fee \$15 per competitor per routine, including alternates. Make check payable to USSS. Any swimmer who is listed as an alternate for a routine and who is not swimming any other routine event shall pay the entry fee. (Rule Book, Appendix C, pg. 3.)
- Sponsor Fee \$25 per competitor. Make check payable to GSOC.
- Credentials Each club will receive 2 coach credentials per 10 credentialed athletes.
- Tickets Spectator tickets will be required for all events. Tickets are \$5 at the door on Thursday/Friday and \$10 on Saturday (\$5 students and kids). All-Event Passes will be \$20 (\$15 for students and kids).
- Parking Parking is free in designated areas. More information will be provided in the registration packets.

EVENTS

Technical Events

Category A – Technical Elements (Refer to Appendix E, Rulebook 2005 pages 31-37)

- Rocket Bent Knee, Twirl
- Boosts and Eggbeater with Double Arm Travel
- Split to Walkout
- Traveling Ballet Leg Combination
- Porpoise Full Twist, Continuous Spin
- Rocket Split, 180 Degree Spin

Category B - Group 3

311g	Kip, Twist Spin	2.5
421	Walkover, Back, Closing 360	2.6
342c	Heron, Twirl	2.7
112e	Ibis, Spinning 360	2.5

Category C - Group 2

112	Ibis	2.3
240	Albatross	2.2
406	Swordfish, Straight Leg	2.0
348	Dalecarlia	2.4

Category D - Group 1 – Odd Years

303	Somersault, Back Pike	1.5
321	Somersub	2.0
360	Walkover, Front	2.1
311	Kip	1.8

2005 U.S. Collegiate Synchronized Swimming Championships (cont'd)

Routines

Routine competition in Solo, Duet, Trio and Team. Places 1-12 after Semi-Finals will progress to Finals. The routine in 13th place shall pre-swim the event.

OFFICIALS Please return Forms F and G by the entry deadline.

HOST HOTEL Holiday Inn University Center
1250 W. University Ave.
Gainesville, FL 32601
Call Marc Bronitt at 1-800-262-9974 for reservations
or visit www.connectionshousing.com
Room Rates-\$89/night plus state and local taxes (currently 6.25%) for all rooms.

AIRPORTS

Gainesville Regional Airport (GNV) – 7 miles from pool.
Orlando International Airport (MCO) - 124 miles from pool.
Tampa International Airport (TPX) – 138 miles from pool.
Jacksonville International Airport (JAX) – 84 miles from pool

To help our members, we have an agreement with United Airlines. To receive a five percent discount off the lowest available fare, call United at (800) 841-0460 and tell them you're with "U.S. Synchronized Swimming."

DIRECTIONS

From Gainesville Regional Airport to the Host Hotel

Upon leaving the Gainesville Airport, make a right turn onto 39th Avenue (SR 222), heading west. At US 441 (N.W. 13th Street) make a left turn, heading south. Continue south on 13th Street for several miles. At University Avenue the Holiday Inn will be on your right.

From I-75 to Host Hotel

Take I-75 to exit 387 (old exit 76), Newberry Road. When you get off of the ramp go east for five miles; eventually Newberry Road becomes University Avenue (Note: You should pass the Oaks Mall on your right shortly after traveling on Newberry road.) Continue traveling East on University Ave. The Holiday Inn will be on the left on 13th Street.

From Host Hotel to Pool

From Holiday Inn parking lot, turn right (West) onto University. Turn left North-South road. Follow North-South Drive to the large parking lot entrance on the right.

GROUND TRANSPORTATION

All major rental car companies are available at all the International airports. In Gainesville, the following car rental companies service the area: National, Budget, Avis, Hertz, Alamo and Enterprise service.

POOL SPECS: Length: 25m of 50-meter pool Width: 25 yards
Depth: 16-18 feet at entry; midpoint 9-12 feet; end slopes to 7 feet
Entry: End, spectators on right
Indoor Pool, pool temperature 82-83 degrees
Practice Space: opposite end of pool

VENUE RULES

- ◆ No food is permitted on the deck. Water bottles will be allowed.

2005 U.S. Collegiate Synchronized Swimming Championships (cont'd)

- ◆ Teams will be permitted to have coolers in the balcony areas only.
- ◆ There will be a designated gelling area at the pool. Please gel only in this area.

SOUND SYSTEM

An OceanEars sound system with a variable speed cassette deck and variable speed CD player will be used.

FOOD SERVICES

A concession stand will be open on Thursday, Friday and Saturday. No glass or food is permitted on the pool deck.

OFFICIALS AND COACHES HOSPITALITY

Breakfast, lunch and snacks will be available in the hospitality room throughout the competition. Please allow officials to eat first.

OFFICIALS/COACHES RECEPTION

The officials and coaches reception will be held in conjunction with the Coaches/Officials Meeting on Wed., March 23 at 7:00 p.m. at the pool.

WRAP-UP SESSION

There will be a moderated wrap-up session at the conclusion of the competition. Judges and Coaches are asked to attend. Athletes are welcome

PROGRAM

Participating universities may email or mail photos to the Meet Managers for the official program for \$25. **Deadline is Feb. 20.** Attach a caption listing the order of the swimmers pictured.

ADDITIONAL AWARDS

See 2005 USSS Rulebook for details.

MEDIA SERVICES

To assist the USSS Media Relations Director at the event, please bring a phone/fax list of your university's local media outlets. You can acquire this list from your school's or athletic department's Sports Information Office or university Media Relations department.

2005 U.S. Collegiate Synchronized Swimming Championships (cont'd)

TENTATIVE SCHEDULE

Please consult the FINAL SCHEDULE distributed at Registration for any updates or adjustments.

Start	End	Event
WEDNESDAY, MARCH 23		
AM 8:00	8:30	Lap swimming only
8:30	5:30	Assigned practice with music
9:00	5:00	Registration
PM 4:00		Exhibition routine declarations due - <i>no exceptions!</i>
7:00	9:00	Athletes meeting at pool
7:00	9:00	Officials & coaches meeting
THURSDAY, MARCH 24		
AM 7:00	7:30	Lap swimming only
7:30	7:45	Warm-up Solo semifinal
7:50	10:30	Solo semifinal
10:30	11:00	Open Pool
11:00	11:15	Warm-up Duet semifinal – First Group
11:20	4:00	Duet Semifinal
4:00	4:30	Open Pool
4:30	4:45	Warm-up Trio semifinal – First Group
4:50	8:40	Trio semifinal
FRIDAY, MARCH 25		
AM 7:00	7:30	Lap swimming only
7:30	8:00	Warm-up “D” Technical
8:05	9:30	“D” Technical competition
9:30	10:00	Warm-up “C” Technical
10:05	11:05	“C” Technical competition
11:05	11:35	Warm-up “B” Technical
11:40	12:50	“B” Technical competition
12:50	1:20	Warm-up “A” Technical
1:25	2:25	“A” Technical competition
2:30	4:15	Open Pool
4:15	4:45	Warm-up Team semifinal – First Group
4:50	8:30	Team semifinal
SATURDAY, MARCH 26		
AM 8:00	8:30	Lap swimming only
8:30	9:20	Warm-up Trio & Duet finals
9:30	10:15	Parade of Athletes
10:25	11:50	Trio finals
12:00	1:30	Duet finals
PM 1:30	2:30	Warm-up Solo & Team finals
2:35	3:45	Solo finals
4:00	5:30	Team finals
5:30	6:00	Wrap-up session for Judges, Coaches & Athletes
6:00		Awards