



2005 Esynchro Age Group

Synchronized Swimming Championships

June 25-July 2, Buffalo, NY

FINAL MEET SCHEDULE (as of June 21, 2005)

Start	End	Event
FRIDAY, JUNE 24		
PM 5:00	8:00	Registration at Pool
5:30	6:00	12-13 Officials & Coaches meeting at the pool
5:30	6:00	Lap Swim
6:00	8:30	12-13 Team practice with music
SATURDAY, JUNE 25		
AM 6:45	7:15	Lap swim
8:00	12:00	Registration at the pool
7:15	10:00	12-13 Solo warm-up and competition
10:15	1:45	12-13 Duet warm-up and competition
PM 2:30	6:00	12-13 Team warm-up and competition
SUNDAY, JUNE 26		
AM 6:45	7:00	Lap swim
7:00	10:15	12-13 Trio warm-up and competition
9:00	2:30	Registration at pool
10:00	10:30	14-15 Officials & Coaches meeting at the pool
10:30	2:15	14-15 Trio warm-up and competition
PM 2:15	5:30	12-13 Figures warm up and competition
5:30	5:45	Lap Swim
5:45	8:30	14-15 Team practice with music
MONDAY, JUNE 27		
AM 6:45	7:00	Lap swim
8:00	11:00	Registration at the pool
7:00	11:15	14-15 Duet warm-up and competition
11:15	3:15	14-15 Team warm-up and competition
PM 3:15	8:00	12-13 Parade of Athletes, Finals, National Team Exhibition and awards
TUESDAY, June 28		
AM 6:45	7:00	Lap swim
7:00	10:45	14-15 Solo warm-up and competition
11:30	3:00	14-15 Figures warm up and competition
PM 4:00	6:00	Registration at pool
3:45	9:00	14-15 Parade of Athletes, Finals and awards
WEDNESDAY, June 29		
AM 7:00	7:30	Lap swim
7:00	7:30	16-19 Officials & Coaches meeting at pool
8:00	11:00	Registration at pool
7:30	12:00	16-17 Duet warm-up and competition
12:00	4:00	16-17 Trio warm-up and competition
PM 4:00	6:45	18-19 Trio warm-up and competition
6:45	7:00	Lap swim
7:00	9:15	18-19 Team practice with music

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THURSDAY, June 30		
AM 7:00	7:30	Lap swim
8:00	11:00	Registration at pool
7:30	9:30	16-17 Team practice with music
9:30	1:00	16-17 Solo warm-up and competition
PM 1:00	4:00	18-19 Duet warm-up and competition
4:15	7:45	18-19 Team warm-up and competition
FRIDAY, JULY 1		
AM 7:00	7:30	Lap swim
7:30	11:15	16-17 Team warm-up and competition
11:15	12:45	18-19 Solo warm-up and competition
PM 1:30	8:00	16-17 & 18-19 Figures warm-up and competition
SATURDAY, JULY 2		
AM 7:00	7:30	Lap swim
7:30	8:15	16-17 Trio, Duet and Solo warm-up**
8:25	8:50	Parade of Athletes 16-17 & 18-19
8:55	9:00	Combo Routine Exhibition
9:00	2:00	16-17 Finals and Awards
PM 2:15	3:00	18-19 Trio, Duet and Solo warm-up**
3:05	8:15	18-19 Finals and Awards **Team warm-ups will commence immediately following each Solo Final.