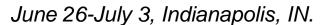


2004 Esynchro Age Group

Synchronized Swimming Championships





MEET MANAGER Laurie Hartman, Indy Synchro 7634 Prairie View Lane Indianapolis, IN 46256 <u>meets @indysynchro.org</u> (317) 842-6768 **FACILITY**

Indiana University Natatorium 901 West New York Street Indianapolis, IN 46202 Contact: Julie McKenney (317) 274-6785 Fax: (317)-274-7769

RULES TO GOVERN The 2003-2004 Official USSS Rulebook shall govern the Championships.

ENTRIES

FORM A Club Entry Form. *Note: submit one entry form per age group. Qualifying*

documents for all routines MUST be attached to Form A. If qualifying

documents are not included, your routines will not be entered in the event(s).

FORM B Entry Fee Summary FORM C Host Fee Summary

FORM D Housing and Transportation FORM E Officials Availability Form

FORM F Music Selection

ENTRY DEADLINE Entries and Forms must be postmarked or emailed no later than <u>June 5</u>,

2004. Use Postal Form #3817 to verify mailing date. (If a qualifying event is held after the entry deadline for this competition, a provisional entry must be submitted according to the above deadline. Within 72 hours of the completion of the qualifying competition, the proof of qualification must be submitted by phone and in writing to the Meet Manager.) **Please note that the deadline for the program (team rosters and photos) is May 23rd.**

MAIL ENTRIES Laurie Hartman
AND FEES TO Indy Synchro

7634 Prairie View Lane Indianapolis, IN 46256

MAIL ONE COPY OF Ron Edgerton

ENTRY FORM A TO 7803 Woodstone Drive

Cincinnati, OH 45244-2834

RLEdgerton@aol.com

(513) 474-1897

REGISTRATION Fri., June 25 4 p.m. – 8 p.m. At the pool

Sat., June 26 8 a.m.-12 p.m. At the pool Sun., June 27 9 a.m. - 5 p.m. At the pool Mon., June 28 8 a.m. - 11 a.m. At the pool Weds., June 30 8 a.m. - 11 a.m. At the pool State of the pool Research of the pool o

Thurs., July 1 8 a.m. - 11 a.m. At the pool COACHES MEETINGS Sat., June 26 9-10 a.m. 12-13s; at the pool

Sun., June 27 9:20-9:50 a.m. 14-15s; at the pool Weds., June 29 7-7:30 a.m. 16-19's; at the pool

2004 Esynchro Age Group Synchronized Swimming Championships (cont'd)

FEE INFORMATION

•	Entry Fee	\$15 per competitor per routine, including alternates. Any swimmer who is listed as an alternate for a routine and who is not swimming any other routine event shall pay the entry fee. (Rulebook, Appendix C, p. 3) Make check payable to USSS.
•	Officials Fee	\$5 per competitor, Age Group officials fund (voted on at convention). Make check payable to USSS.
•	Sponsor Fee	\$15 per competitor. Make check payable to Indy Synchro.
•	Athlete Social	\$17 per person. Jillian's downtown Indianapolis. Food, dancing, bowling and many other activities. Make checks payable to Indy Synchro.
•	Credentials	Each club will receive 2 coach and 2 chaperone credentials per 10 credentialed athletes. Chaperone credentials do not allow deck access.
•	Tickets	Spectator tickets will be required for finals sessions. 12-13 Finals Tickets are \$6.00. 14-15 Finals Tickets are \$8.00 per person. 18-19 Finals Tickets are \$6.00 per person. Make checks payable to Indy Synchro.
•	Parking	A parking Garage is adjacent to the IU Natatorium. Passes will be pre-sold and available on-site (at the garage) for purchase. <i>Requests for pre-sold passes must be received by June 5.</i> 1-day pass is \$6.00; 3-day pass is \$15.00; 6-day pass is \$25.00; 9-day pass is \$35.00. Make checks payable to Indy Synchro.

EVENTS

Figures 13 and Under				Figures 14 and Over (Jr. Figure Group 2)			
	140	Flamingo, Bent Knee	2.4	311g	Kip, Twist Spin	2.5	
	311	Kip	1.8	421	Walkover, Back, Closing 360°	2.6	
	423	Ariana	2.2	140d	Flamingo Bent Knee Spin 180	2.5	
4th figure to be drawn at the 12-13 coaches			hes	330	Aurora	2.5	
	meeti	ing from those listed below:					
	346	Side Fishtail Split	2.0				
	301	Barracuda	2.0				

Routines

Routine competition in Solo, Duet, Trio, and Team.

OFFICIALS Please return Forms C, D, and E by the entry deadline.

HOST HOTEL Contact Marc Bronnitt at Connections, (404) 842-0000, for a variety of convenient host hotels, rates and amenities. Rooms booked through Connections enable the meet host to provide for judges' accommodations.

COMPETITIONLength: 25 yardsWidth: 25 yardsPOOLDepth: 9.5'Distance of water

Depth: 9.5'
Entry: End, spectators on right and left
Distance of water from deck level: 0 ft.
Indoor Pool; Practice space: diving well

2004 Esynchro Age Group Synchronized Swimming Championships (cont'd)

VENUE RULES

- ❖ There will be a designated gelling area at the facility. Please gel only in this area. Gelling outside of the area will incur a \$100 fine.
- ❖ Degelling will **not** be allowed at the facility. **\$100 fine** for degelling in the locker room.
- ❖ Gelled hair is to be covered by headpiece or cap when in the water. \$100 fine for uncovered gelled hair in the pool.
- Coolers, outside food (not purchased on campus) and/or any type of food preparation devices are prohibited inside the facility.
- No glass is allowed in the facility.

SOUND SYSTEM

An OceanEars sound system with a variable speed cassette deck and variable speed CD player will be used.

FOOD SERVICES

A concession stand will be open at the pool for much of the competition. Other nearby campus food venues will be available as well.

OFFICIALS AND COACHES HOSPITALITY

Light breakfast, lunch, dinner and light snacks and beverages will be available in the hospitality room throughout the competition. Please allow officials to eat first.

OFFICIALS/COACHES RECEPTION

The officials and coaches reception will be held Tuesday, June 29 at 8:00-10:30 More information will be distributed at the coaches meetings.

WRAP-UP SESSION

There will be a moderated 30-minute wrap-up session at the conclusion of each age group's finals. Coaches and officials are encouraged to participate. Athletes are also welcome.

AIRPORT The IU Natatorium is located approximately 7 miles from the Indianapolis Airport.

United Airlines is the official airline of Synchro Swimming USA. Synchro Swimming USA members receive 5 percent off the lowest published fare by calling the **Olympic Travel Desk at 800-841-0460**, **NEW tour code 511SN**. - Tickets booked **30** days in advance receive an additional five percent discount. Every ticket purchased on United though the Olympic Travel Desk directly benefits Synchro Swimming USA.

DIRECTIONS

Airport to Natatorium/Parking Garage: http://www.iunat.iupui.edu/otherinfo/directions.asp Go South on HIGH SCHOOL RD toward W TURNER DR.

Turn SHARP LEFT to stay on S HIGH SCHOOL RD.

Take AIRPORT EXWY.

Merge onto I-70 E toward INDIANAPOLIS.

Take the West ST exit- exit number 78.

Turn LEFT onto WEST St/S MISSOURI St.

Turn LEFT onto MICHIGAN

Turn LEFT onto UNIVERSITY

Turn LEFT onto NEW YORK

Take first RIGHT on BLAKE

Take first RIGHT to the garage entrances.

GROUND TRANSPORT

All major rental car companies are available at the airport.

PROGRAM

Team Rosters: If you would like your team roster in the program – and also available on venue shirts – please e-mail your team roster no later than May 23rd to: Paula Differding-Burton at indysynchro@aol.com.

Team Photos: Participating clubs may send photos for the official program. Price is \$18 per photo for the May 15 deadline and \$25 for the latest deadline of May 23. Send payment with registration. Follow instructions listed below:

Photos sent by mail: Send color photos protected with cardboard. Type or print caption and tape to the back of each photo. Include complete name of club, description of photo (i.e.12-13 trio) and the swimmer name(s). Include an e-mail address contact for questions. Do not send money with photos but pay with registration form. Photos will not be returned.

Photos sent by e-mail

Photo must be scanned to create an image approximately 10" x 15" (1080 x 720 pixels) on the computer screen. Save digital file as a JPEG (.jpg). Set JPEG compression for high quality. If prepared correctly the digital JPEG attachment should be between 250 and 400 K. Photo will be printed in program approximately 3.5" x 2.75" (ONLY JPEG files will be accepted.)

Send photo as an attachment to an e-mail. In the body of the e-mail include the caption with complete name of club, description of photo (i.e. 14 over team), and names of swimmers. (DO NOT send a word text document.) Name your attached photo file a name that describes your team photo, i.e. Indy Synchro 14 trio, digital file could be named IS14trio.jpg. Send one photo and caption per e-mail (e.g. 4 photos = 4 e-

Send photos to: Paula Differding-Burton 897 Woodruff Place East Dr. Indianapolis, IN 46201

If you have questions, email or call Paula at 317-636-0925

Send digital files to: Paula Differding-Burton at Indysynchro@aol.com

CLUB BANNERS

Natatorium staff will hang club banners. Please bring to the registration area.

PHOTOGRAPHER

Team HotShots Sports Photography is the official championship photographer for USA Synchro. HotShots will be on-site to take action and posed photos of all routines. Photos can be purchased immediately following each event at the HotShots booth in the main lobby, or ordered on-line up to three months after the event at www.teamhotshots.com.

MEDIA SERVICES

To assist the USSS Media Relations Director at the event, please bring a phone/fax list of your local media outlets. You can acquire this list from a local university athletic department Sports Information Office, university Media Relations department, or your local government public relations office.

VIDEOTAPING

Videotaping is allowed in the designated area only. During finals, each club may only videotape their own participants. A professional videographer will be recording finals events. Order forms for finals videos will be located at the registration table throughout the championship.

2004 Esynchro Age Group Synchronized Swimming Championships (cont'd) TENTATIVE MEET SCHEDULE (Times may be revised based on actual entries)

Start		nay be revised based on actual entries)
Jiail	End	Event
FRIDAY, JL	INE 25	
PM 4:00	8:00	Registration at the Pool
F W 4.00	0.00	registration at the Foor
SATURDAY	/, JUNE 26	
AM 7:00	7:15	Lap swimming only
7:15	10:00	12-13 Team practice with music
8:00	12:00	Registration at the pool
9:00	10:00	12-13 Officials and coaches meeting at the pool
10:00	10:20	12-13 Duet warm-up
10:25	1:45	12-13 Duet competition
PM 2:00	2:20	12-13 Trio warm-up
2:30	5:30	12-13 Trio competition
6:30		12-15 Athlete social
		<u>'</u>
SUNDAY, J	UNE 27	
AM 7:00	7:15	Lap swimming only
7:15	9:20	14-15 Team practice with music
9:00	5:00	Registration at the pool
9:20	9:50	14-15 Coaches meeting
9:30	9:50	12-13 Solo warm-up
9:55	1:00	12-13 Solo competition
PM 1:15	1:35	12-13 Team warm-up
1:40	4:15	12-13 Team competition
4:30	4:50	14-15 Team warm-up
4:55	7:45	14-15 Team competition
MONDAY,		
AM 7:00	7:15	Lap swimming only
7:15	8:15	12-13 Figures warm-up
8:00	11:00	Registration at the pool
0.05		
8:25	10:45	12-13 Figures
11:00	11:20	14-15 Trio warm-up
11:00 11:25	11:20 2:30	14-15 Trio warm-up 14-15 Trio competition
11:00 11:25 PM 2:30	11:20 2:30 3:20	14-15 Trio warm-up 14-15 Trio competition 12-13 Finals warm-up
11:00 11:25 PM 2:30 3:30	11:20 2:30	14-15 Trio warm-up 14-15 Trio competition 12-13 Finals warm-up 12-13 Parade of Athletes, Finals & Awards
11:00 11:25 PM 2:30	11:20 2:30 3:20	14-15 Trio warm-up 14-15 Trio competition 12-13 Finals warm-up
11:00 11:25 PM 2:30 3:30 7:30	11:20 2:30 3:20 7:30	14-15 Trio warm-up 14-15 Trio competition 12-13 Finals warm-up 12-13 Parade of Athletes, Finals & Awards
11:00 11:25 PM 2:30 3:30 7:30	11:20 2:30 3:20 7:30 June 29	14-15 Trio warm-up 14-15 Trio competition 12-13 Finals warm-up 12-13 Parade of Athletes, Finals & Awards 12-13 Wrap-up discussion
11:00 11:25 PM 2:30 3:30 7:30 TUESDAY, AM 7:00	11:20 2:30 3:20 7:30 June 29 7:15	14-15 Trio warm-up 14-15 Trio competition 12-13 Finals warm-up 12-13 Parade of Athletes, Finals & Awards 12-13 Wrap-up discussion Lap swimming only
11:00 11:25 PM 2:30 3:30 7:30 TUESDAY, AM 7:00 7:15	11:20 2:30 3:20 7:30 June 29 7:15 7:35	14-15 Trio warm-up 14-15 Trio competition 12-13 Finals warm-up 12-13 Parade of Athletes, Finals & Awards 12-13 Wrap-up discussion Lap swimming only 14-15 Solo warm-up
11:00 11:25 PM 2:30 3:30 7:30 TUESDAY, AM 7:00 7:15 7:40	11:20 2:30 3:20 7:30 June 29 7:15 7:35 11:15	14-15 Trio warm-up 14-15 Trio competition 12-13 Finals warm-up 12-13 Parade of Athletes, Finals & Awards 12-13 Wrap-up discussion Lap swimming only 14-15 Solo warm-up 14-15 Solo competition
11:00 11:25 PM 2:30 3:30 7:30 TUESDAY, AM 7:00 7:15 7:40 11:00	11:20 2:30 3:20 7:30 June 29 7:15 7:35 11:15 5:00	14-15 Trio warm-up 14-15 Trio competition 12-13 Finals warm-up 12-13 Parade of Athletes, Finals & Awards 12-13 Wrap-up discussion Lap swimming only 14-15 Solo warm-up 14-15 Solo competition Registration at the pool
11:00 11:25 PM 2:30 3:30 7:30 TUESDAY, AM 7:00 7:15 7:40 11:00 11:30	11:20 2:30 3:20 7:30 June 29 7:15 7:35 11:15 5:00 11:50	14-15 Trio warm-up 14-15 Trio competition 12-13 Finals warm-up 12-13 Parade of Athletes, Finals & Awards 12-13 Wrap-up discussion Lap swimming only 14-15 Solo warm-up 14-15 Solo competition Registration at the pool 14-15 Duet warm-up
11:00 11:25 PM 2:30 3:30 7:30 TUESDAY, AM 7:00 7:15 7:40 11:00 11:30 11:55	11:20 2:30 3:20 7:30 June 29 7:15 7:35 11:15 5:00 11:50 4:00	14-15 Trio warm-up 14-15 Trio competition 12-13 Finals warm-up 12-13 Parade of Athletes, Finals & Awards 12-13 Wrap-up discussion Lap swimming only 14-15 Solo warm-up 14-15 Solo competition Registration at the pool 14-15 Duet warm-up 14-15 Duet competition
11:00 11:25 PM 2:30 3:30 7:30 TUESDAY, AM 7:00 7:15 7:40 11:00 11:30 11:55 PM 4:15	11:20 2:30 3:20 7:30 June 29 7:15 7:35 11:15 5:00 11:50 4:00 5:15	14-15 Trio warm-up 14-15 Trio competition 12-13 Finals warm-up 12-13 Parade of Athletes, Finals & Awards 12-13 Wrap-up discussion Lap swimming only 14-15 Solo warm-up 14-15 Solo competition Registration at the pool 14-15 Duet warm-up 14-15 Duet competition 14-15 Figure warm-up
11:00 11:25 PM 2:30 3:30 7:30 TUESDAY, AM 7:00 7:15 7:40 11:00 11:30 11:55	11:20 2:30 3:20 7:30 June 29 7:15 7:35 11:15 5:00 11:50 4:00	14-15 Trio warm-up 14-15 Trio competition 12-13 Finals warm-up 12-13 Parade of Athletes, Finals & Awards 12-13 Wrap-up discussion Lap swimming only 14-15 Solo warm-up 14-15 Solo competition Registration at the pool 14-15 Duet warm-up 14-15 Duet competition

2004 Esynchro Age Group Synchronized Swimming Championships (cont'd)

WEDNESD	AY, June 30	
AM 7:00	7:30	Lap swimming only
7:00	7:30	16-17 & 18-19 Coaches meeting
7:30	7:50	16-17 Trio warm-up
7:55	11:00	16-17 Trio competition
8:00	11:00	Registration at the pool
11:00	11:20	16-17 Duet warm-up
11:25	3:00	16-17 Duet competition
PM 3:00	3:50	14-15 Finals warm-up
4:00	8:30	14-15 Parade of Athletes, Finals & Awards
		Olympic Swim
8:30		14-15 Wrap-up discussion
THURSDAY	/, July 1	
AM 7:00	7:15	Lap swimming only
7:15	9:15	16-17 Team practice with music
8:00	11:00	Registration at the pool
9:15	11:45	18-19 Team practice with music
11:45	12:05	16-17 Team warm-up
12:10	2:40	16-17 Team competition
2:40	3:00	18-19 Team warm-up
3:05	6:05	18-19 Team competition
6:05	6:25	18-19 Solo warm-up
6:30	8:30	18-19 Solo competition
FRIDAY, JU	II V 2	
AM 6:45	7:00	Lap swimming only
7:00	7:20	18-19 Trio warm-up
7:25	9:25	18-19 Trio competition
9:25	9:45	16-17 Solo warm-up
9:50	12:10	16-17 Solo warm-up 16-17 Solo competition
12:10	12:30	18-19 Duet warm-up
12:35		18-19 Duet competition
	2:50	·
3:00	3:50	16-17 & 18-19 Figure warm-up
3:55	9:45	16-17 & 18-19 Figure competition
SATURDAY	, JULY 3	
AM 8:30	8:45	Lap swimming only
8:45	9:25	16-17 & 18-19 Trio and Duet warm-up
9:35	9:55	Parade of Athletes
10:00	1:30	16-17 & 18-19 Trio and Duet Finals
1:30	2:20	16-17 & 18-19 Solo and Team warm-up
2:25	6:25	16-17 & 18-19 Solo and Team Finals
6:30	7:45	Awards
0.30	7.40	Awaius

